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OUR TEAM:

Janet Holmes
Director

Angela DaPonte
Assistant Director

Patty Lavoie
Office Assistant

Ray Benoit
Bus Driver

Phil Ferreira
Manny Fontes
Maintenance

Michele Blanchette
Nancy Lambert
Dining Assistants



The Tiverton Senior Center

207 Canonicus Street
Tiverton, RI 02878
Telephone: 401-625-6790
Fax: 401-625-6793
Email: seniorcenter@tiverton.ri.gov

MAY 2022



The Center will be closed on Monday, May 30th for Memorial Day

Ceramics Class~ Monday, May 2nd

Pagano Creations will be holding their next Ceramics Class

On Monday, **May 2nd** from 1-3 p.m.

The cost is \$20 (everything you need will be provided)



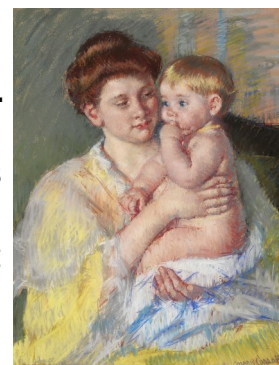
Art for Your Mind presents: Mary Cassatt: A New Woman

Thursday, May 5th at 10:15 a.m. *Art For Your Mind* is an engaging,

educational, art observation experience designed to broaden the minds of its participants. Presentations are for people of all backgrounds – artists and non-artists alike.



The featured topic, **Mary Cassatt, A New Woman**, looks into the creative mind of one of America's most prominent 19th Century artists. Cassatt's accomplishments helped forge an open-mindedness about what art could be, and about what a woman could do. Join local art historian Jill Sanford for an enjoyable hour of challenging yourself.



"You Are Never Truly Alone"

Back by popular demand: **Spirit Medium, Tiffany Rice**
Friday, the **13th of May**, from 1:00 to 3:00 p.m.. Tiffany will do her best to reach everyone but there are no guarantees of receiving a reading.

Come & enjoy this emotional experience~ **\$20.00 per person**



SPECIAL CONCERT~ Tiverton Has Talent!!

Join us **Monday, May 23rd** at 10:00 a.m. for an enjoyable concert from our own **Tiverton High School Concert Band**

ACTIVITIES AT A GLANCE

TOPS – Monday at 9:00 a.m. in Game Room.

Exercise with Deb—Mondays & Wednesdays 9 a.m. and Fridays at 10:15 a.m. \$3

Quilting for Charity meets every **Monday at 10:00-3:00 p.m.**

Pitch League- Hi, Lo, Jack meets **Mondays at 12:30 p.m.**

Chair Yoga with Shirley—Tuesday's at 9 a.m. Class fee is \$3.00 per class.

Drums with Jessica-Tuesdays at 1:30 p.m. Class fee is \$3 per class.

Tiverton Library Services sponsored Book Club Tuesday, May 17th at 10:15 a.m.

Mahjongg– Tuesdays and Fridays, beginning 11:30 a.m.

Wednesdays: 12:30 Cribbage & JamBalaya Jammers/Dining Rm & Chorus/Lounge

Balance Class with Jess-Thursdays at 9:00 a.m. Class fee is \$3 for members

Art For Your Mind-Thursday, May 5th at 10:15 a.m. *Mary Cassatt, A New Woman*

Center Meetings will be held on **Thursday May 26th at 10 a.m.**

FREE Wellness Check with Nurse Terry-Thursday, May 19th 10:00-11:30

BINGO-Thursdays!!! Starts at 1:00 PM May 5th, 12th, 19th, 26th

Knitters for Charity-Thursdays at 1:00 p.m.

Zumba with Jessica—Fridays at 9 a.m. Fee is \$3.00 per class

**Mark Rudd's
Computer
Tutorial

Wednesday
May 4th
10-11:30 AM**

Members pay \$3 for classes. Non-
members pay \$6 for classes.
Become a member for \$5 a year
and save money!!



**COME JOIN OUR CHORUS!!!!
Wednesdays at 12:30 in Lounge**

SHIP~ SENIOR HEALTH INSURANCE PROGRAM

SHIP counselor will meet with folks weekly **by appointment**
to assist with health insurance/Medicare needs. Call **Trudy Conroy at 401-447-7660** to schedule an appointment



CARE GIVER SUPPORT GROUP

Alzheimer's and Care Giver Support Group will meet on **Monday, MAY 9th and Monday, May 23rd from 2:30 to 3:45p.m.**; Nurse Care Manager:

Janet Grapentine facilitates this group.

New care givers are welcome.



**BINGO 1:00 PM
SHARP!**

Thursdays!

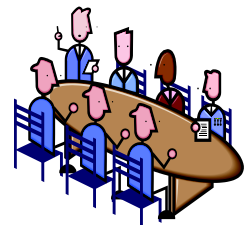
May 5th May 12th
May 19th May 26th



CENTER MEETING for the month of **MAY** will be on **Thursday, May 26th at 10:00 A.M.**

The purpose of this meeting is to discuss our financial status, the condition of the building and grounds, fund raising, activities, special events, and classes or activities that you would like to see at the Center.

The Senior Center needs **YOU** to keep it moving along with fresh, new ideas and new members who actively participate. We need to keep our Center membership and our meal-site participant numbers growing.. The success of our Senior Center depends upon everyone's involvement. Please join us at our monthly meeting & lend your support and ideas.



Ray continues to bring Tiverton seniors and folks with disability to either the Center or shopping on Tuesdays & Wednesdays. Please call 401-625-6790 to reserve your spot. Bus trips are not individualized. Shopping Bags are limited to four per person. Remember: Ray is the Boss of the Bus!!

TIVERTON LIBRARY SERVICES presents "Words for Wisdom"

a Book Group hosted by Tiverton Library's Maureen Iwanski. This month's book is **Jane Harper's "FORCE OF NATURE"**. We will meet on **Tuesday, May 17th at 10:15 a.m.**

Please feel free to attend on the above date at the Senior Center.

New members are welcome at any time.

Suggestions on authors and books are gladly accepted.

Large Print Books are available in office. All are Welcome!



Learn Mahjongg~ Tuesday Mornings

9 a.m. to 11 a.m.

Ann Marie Couture will be teaching Mahjongg
on Tuesday mornings in May; sign-up in the office.

The cost is \$10 for the 2022 Mahjongg card



Happy Birthday!

Celebrate MAY 2022!

MAY DAY

Maureen Bigos 01
Debby Dupont 02

Roseanne Martin 02

Dolores Morris 02

Robert Rousseau 03

CINCO de MAYO 05

Marion Burt 05

Alice Castanho 09

MOTHER'S DAY 09

Dorothy McGovern 10

Rosemarie Oliveira 10

Florence Silvia 10

Robert St. Lawrence 11

NATIONAL LIMERICK DAY 12

Elaine Geggatt 14

CHOCOLATE CHIP DAY 15

Monique Boulay 17

Jose Souza 18

NATIONAL NO DISHES DAY 18

Judy Sanford 20

Maria Desrosiers 20

Fatima Devine 21

Sandra Tabak 23

Patricia "Patty" Lavoie 23

Elizabeth Higginbotham 23

Nancy Easman 24

Dottie McKee 24

Robert Macedo 24

Nancy Regan 25

NATIONAL WINE DAY 25

Barbara DiSauro 26

INTERNATIONAL

HAMBURGER DAY 28

Richard Mello 28

Ann Pelletier 29

Madeline DoCouto 29

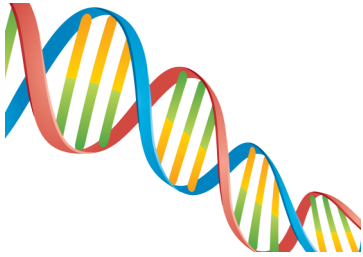
Christopher Pavao 30

MEMORIAL DAY 30



Some More **MAY** Happenings for You to Check Out:

URI Pharmaceutical Outreach Program: Thursday May 12th at 10 a.m.



This month's topic is: **Genetic Testing (A Brave New World)**. Is genetic testing the answer to help select drugs that are best suited for you by maximizing benefits while reducing unwanted side effects? A review of the testing protocols available and which drugs are currently tested.



Nurse Terri Gomes from Visiting Nurse –Home & Hospice will be doing **Free Blood Pressure Screenings** on Thursday, **May 19th** from 10:00 a.m. to 11:30 a.m.



Computer Tutorials with Mark Rudd



Mark Rudd will provide computer instruction for those who are interested in learning or improving computer skills.

Tutorials will be offered from

10 to 11:30 AM on Wednesday, May 4th Please call 625-6790 to register and indicate what you would like to learn.

Is your smart phone making you feel stupid?! Are you frustrated with your tablet or lap top computer? **No worries, Kristin is here to help!**

Stop by on Monday mornings, 10:15 a.m. to 11:30 a.m. and meet:

Kristin Amaral, the new Technology Coordinator at the Tiverton Public Library.



LIVE MUSIC every Wednesday beginning at 12:30 p.m.

Come Enjoy the sweet sounds of the **JamBalaya Jammers**,



KARAOKE

Come Join in the fun on Monday, **May 16th** from 1:00—3:00 p.m.
~ Hundreds of songs to choose from!